



# THE KNEE FOUNDATION

EDUCATIONAL CHARITABLE TRUST  
Registered Charity Number: 1004606

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## **FELLOWSHIP IN KNEE SURGERY**

THE KNEE FOUNDATION  
DROITWICH KNEE CLINIC  
DROITWICH SPA HOSPITAL

### **Background**

The Droitwich Knee Clinic is a specialist clinic which provides a unique opportunity for specialist training in the private sector. It is manned by four Orthopaedic Surgeons, two full time and two part time. It was founded in 1988 by Mr. Angus Strover FRCS and is housed in a purpose designed premises which adjoin The Droitwich Spa Hospital.

The Fellowship allows intensive exposure to a large number and variety of knee surgery mainly arthroscopic but also including arthroplasty and other knee surgery. Each of the surgeons has their own special interest and this may allow the Knee Fellow to be exposed to other disciplines such as limb reconstruction and external fixator work. The Fellowship normally runs for six months.

Whilst this Fellowship is not recognised by the Royal College of Surgeons as part of training, the Fellow will get intense exposure to a large number of complex arthroscopic procedures and will learn basic and advanced arthroscopic techniques. He/she should produce two or three publications during the 6 month period and will be honing their presentation skills.

### **Duties of the Post**

- ◇ **Theatre** - The Fellow will be expected to have two to three sessions of theatre work, although due to the nature of the work the majority of this will be assisting in theatre. It is expected that the Fellow will get hands-on experience of various stages in complex knee surgery and perform some arthroscopic work under close supervision.
- ◇ **Clinic** – It is expected that the Fellow will attend one to two clinics per week, usually with the Consultant he is attached to. Again this is fairly flexible and near the end of his Fellowship the Fellow would be expected to see follow-up patients and to see new patients, and order their investigations prior to them seeing the Consultant. He will also be expected to attend sports medicine clinics and observe physiotherapy and rehabilitation stages.
- ◇ **Research responsibilities** – The rest of the week will be spent doing research. There are a number of prospective studies which are ongoing and a number of short retrospective studies which can be performed during the brief period of the Fellowship. This will again be under supervision of one or more of the Consultants. The Fellow will be provided with a computer workstation with all necessary software in the Knee Foundation. He would also have full access to the Droitwich Knee Foundation library and Medline searches.
- ◇ **Ward round** – The Knee Fellow is expected to do a daily ward round and attend to all in-patients.
- ◇ **Knee Foundation duties** – This will include helping arrange courses which are held several times a year and these include a basic arthroscopy course, the first of which the Fellow would be expected to sit on as a delegate, unless he has already done a basic arthroscopy course. Subsequently he will be expected to organise and attend as an instructor in the Arthroscopy Workshop.
- ◇ **MRI Training** – Reading Knee MRIs
- ◇ **Isokinetic Testing Training**
- ◇ **Physiotherapy Rehabilitation Training**



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◇ **Clinical meeting** - arranging and presenting cases at the Clinical Meeting held once a month.

## Requirements

### Essential requirements:

1. The candidate must be registered with the GMC or eligible for registration.
2. He must provide his own Medical Defence Union or Medical Protection Society cover.
3. He must have had basic orthopaedic training at SHO level at least and preferably at junior Registrar level.
4. He must speak good English.
5. He must have at least a basic knowledge of research methodology

### Desirable skills:

1. Previous experience with arthroscopic surgery and knee surgery in general.
2. Previous presentation and peer reviewed publications.

### Housing:

It is the responsibility of the successful candidate to arrange their own accommodation.

### Stipend:

15K for 6 months

£250 towards a relevant course fee – Courses to be approved by the board before attendance.

1 months notice: termination of contract by either parties.

### Annual Leave:

1 ½ weeks annual leave 3 days study leave

Signed: .....

Mrs E Sparkes  
Manager  
The Knee Foundation